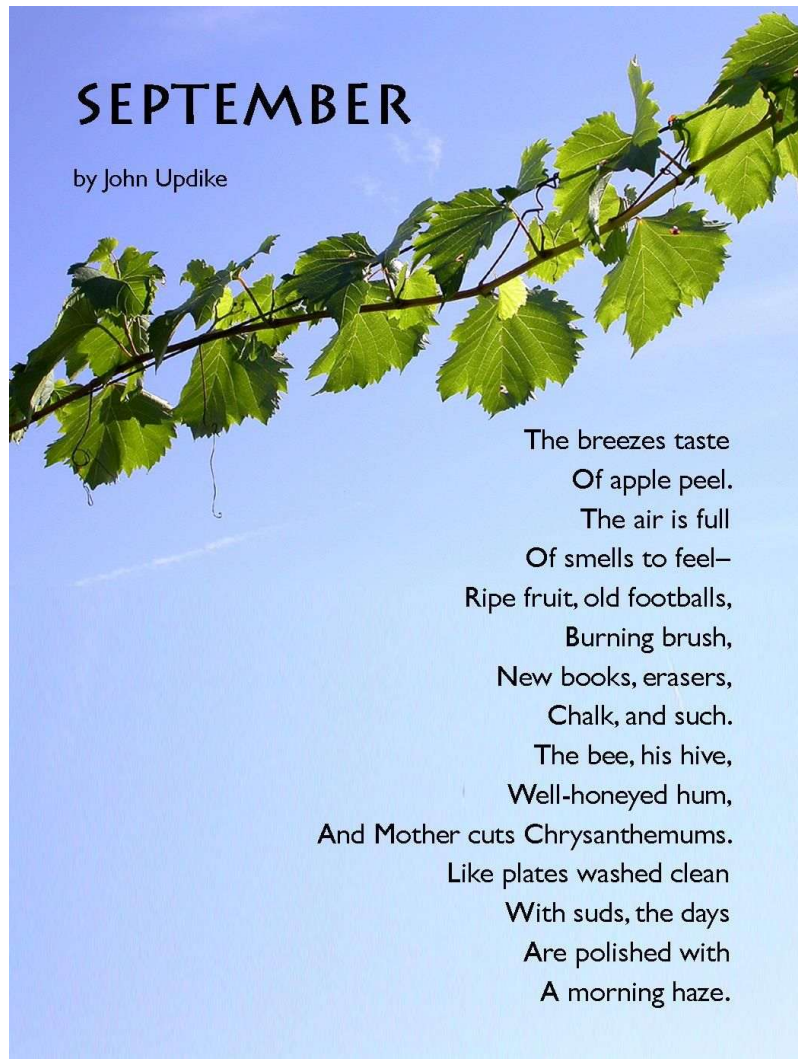


SEPTEMBER



Senior Citizens' Association of BC Branch #49

6792 Cranberry St.
Powell River, BC. V8A 3Z4

604-414-9456

prseniors49@gmail.com

Board of Directors

President: George Davidson
604-223-0072

Vice President: Bill Davies
778-840-7523

Secretary: Daryl Davidson
778-675-2331

Treasurer: Dot Davies
604-354-7513

Past President: Carol Hamilton
604-483-1714

Directors:

Cathy Korolek:250-444-7201

Elisa Renick:604-414-7947

Pete Grassman:604-208-4690

Don Allen:604-413-1068

Wayne Armitstead:250-856-
8967

SEPTEMBER

Our Mandate is to promote the physical, social and mental well-being of all seniors in the Powell River Region.

DATES TO REMEMBER

Tuesday, September 8 –

Quarterly General Membership Meeting

Complimentary lunch served at **12:15 pm.**

Followed by the meeting at **1:00 pm.**

To register for the meeting please call Dot at 604-414-9456

Tuesday, September 15 – Seniors Together Luncheon

11:30 AM to 1:00 PM.

Please call the Recreation Complex to register at 604-485-2891.

Tech Tips

Need help with your phone's capabilities or have computer questions? In July, we changed

Tech Tips to the **second Monday** of each month where a skilled volunteer will be providing tech support in our meeting room just off the office from **12:30 – 2:00 PM.**

Drop by with your questions and devices.

Viva Voce resumed Tuesday September 1 from 10:00 – noon

Join choir leader Marcia O'Neill and her friendly, fun group of choir members Tuesday mornings. There is no choir on the 3rd Tuesday of each month to accommodate the Seniors Together luncheons. If you are planning to continue with choir send Marcia a message. New members are welcome please give Marcia a call at 250-230-4398 to introduce yourself and talk about music.

Christmas Sale

Mark your calendars. The talented ladies of the Fibre Arts Auxilliary will hold their annual Christmas Sale on Saturday November 14 at the hall from 10:00 am to 4:00 pm.

Committees

Board committees have been set up, and we encourage your participation on the committees. The names of the chairs and co-chairs are listed below. Their contact phone number is above. Please contact them to learn more about their committee's mandate and hopefully participate.

a. Finance: Dot, Carol, George, Don

b. Activities: George and Don

c. Memberships: Dot

d. Special events: Carol, Elisa

e. Maintenance: George, Don, Tom, Pete

f. Security: George Davidson

g. Fund development: Elisa

h. Communications: Dot

i. Frozen Meals program: Carol

j. Rentals: George Davidson

SEPTEMBER

Announcements

Kitchen Coordinator

We are very pleased to announce that Chantal Grassmann has accepted the position of our new Kitchen Coordinator. Chantal is a proud Powell River-ite. Chantal has been married to Pete Grassmann for more than 30 years and they share two daughters Marissa 29 and Amanda 32 years. Chantal earned her experience for her new role by working as Kitchen Assistant at the Kiwanis Garden Manor for a decade. Welcome aboard Chantal! Our new shining light!

Community Connections Expo 2026

Come connect with your community! The Community Connections Expo 2026 is happening **Saturday, September 19, from 11 a.m. to 3 p.m. at Dwight Hall.**

This community event brings together local businesses, nonprofits, community groups, and residents for an afternoon of connection, collaboration, and discovery. Explore local services and resources, learn about community organizations, discover opportunities to get involved and meet the people who help make our community a great place to live.

Cranberry Seniors Centre & Powell River Assist

will be there as part of the Expo, and we look forward to connecting with community members, sharing information, and learning more about the many wonderful organizations and resources available locally.

Whether you're looking for information, new connections, volunteer opportunities or simply want to see what's happening in our community, there will be something for everyone.

Mark your calendar and join us for the **Community Connections Expo 2026!**

Rhythm Dance

Starting Sunday October 4 from 1:00 – 3:00 pm Rhythm Dance will return with Gary & Loretta O'Brien. Lessons are followed by practice time. We will teach a variety of classes such as 2-Step, Swing, Rhumba & Cha Cha. No classes on holiday Weekends. Maybe grab a partner to join the fun!

Seniors' Activities and Chairs

Monday

Ukulele

Time: 10:00 – 11:30

Chair: Melissa (604) 485-2402

Duplicate Bridge

Time: 1:00 – 4:00

Vivian (604)-485-4430

Cards

Time: 7 pm to 9 pm

Chair: John (604) 223-5342

Tuesday

Tai Chi

Time: 10 am to Noon

Chair: Cliff (604) 485-6924

Viva Voce Choir

Time: 10:00 – Noon

Chair: Marcia (250)-230-4398

Wednesday

Duplicate Bridge

Time: 1:00 – 4:00

Vivian (604)-485-4430

Carpet Bowling

Time: 1 pm to 3 pm

Chair: Linda (604) 578-1944

Mahjong

Time: 1:00 – 3:00

Chair: Dolores:604-414-7761

Thursday

Elly Quilters

Time: 9 am to 4 pm

Chair: Alice (604) 483-6150

Fibre Arts Auxiliary

Time: 9 am to 3:00 pm

Chair: Jessie (604) 414-7651

Thursday Quilters

Time: 9:30 am to 3 pm

Chair: Donna (604) 485-2393

SEPTEMBER



Thank you again to Elaine Steiger for the donation of rhubarb. Stewed rhubarb with custard was enjoyed as a dessert at the August Senior's Together luncheon. Anne Harrison also donated some rhubarb in case we did not have enough.

Thank you to George Davidson for getting our lawn mowed in time for the luncheon and for the trailer full of soil to add to our planter at the south side of our building.

BIG thank you to Pete Grassmann for clearing the north corner of the property which has been long overdue to be cut back. He cut back and took two truckloads to the dump. Pete also contributed a couple hours of edge trimming to the grounds, another big job. Thank you.

It is with deep felt gratitude that we say THANK YOU to Carol Hamilton. Thank you, Carol, for leading the Kitchen Angel volunteers and the keeping the Gene Jamieson Frozen Meal Program alive, thriving and serving our community. Thank you for keeping our luncheons and dinner delicious and fun! Thank you for endlessly shopping for sales and supplies to keep the kitchen all the food programs prosperous. Take a bow! We are glad we get to keep you.

Thank you, Kitchen Angels! You know who you are.

Seniors' Activities and Chairs Cont'd

Thursday

Euchre

Time: 7pm

Chair: Sibylle (604) 414-7468

Friday

Bridge

Time: 1 pm to 4 pm

Chair: Brian (604) 485-6640

Crib

Time: 1pm

Chair: Linda (604) 578-1944

Other Available Activities (not official Seniors' Centre Activities)

Friday

Seniors In Training (S.I.T.)

Time: 10:00-12:00

Hall rented by: Cliff Cheung
604-485-6924

Fee is paid directly to Cliff.