

# SEPTEMBER NEWSLETTER



September

Indian summer breezes blow  
the geese are taking flight  
A softly glowing harvest moon  
lights up the starry night.  
The special warmth and happiness  
we feel throughout September  
Will fill our hearts all winter long  
with beauty to remember.

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## Senior Citizens' Association of BC Branch #49

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### Board of Directors

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Cathy Korolek:250-444-7201  
Elisa Renick:604-414-7947

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**Our Mandate is to promote the physical, social and mental well-being of all seniors in the Powell River Region.**

## **DATES TO REMEMBER**

- 1. Tuesday, September 10 – 1:00 – 3:00 PM General Membership Meeting.** We encourage our members to come out and join the Board for coffee & dessert on this afternoon and discuss some of the future projects in store for the Seniors Centre. We hope you will be as eager as we are with the plans.
- 2. Tuesday, September 17 - 11:30 AM – 1:00 PM Seniors Together Luncheon.** To register for this luncheon please call the Recreation Complex at 604-485-2891
- 3. Friday September 27 - Monthly Dinner.** Doors open at 4:30. Bar opens at 5:00. Dinner at 5:30. Tables may be reserved when registering. To register, please call Phyllis Davidson at 604-344-2003.
- 4. Saturday, September 28 – Cranberry Seniors Centre Open House – 11:00 AM – 3:00 PM.** We hope you will join us once again this year for our Open House, there will be lots of interesting people and things to enjoy. Watch for more information coming to your email inbox as well as on social media.

## **ANNOUNCEMENTS**

### **CARDS**

To all our card playing enthusiasts, Euchre will start up again on Wednesday September 25 from 7:00 – 9:00 pm and Cribbage will return of Friday October 4 from 1:00 – 3:00 pm. See you soon.

### **SCRABBLE**

What do you say is it time for one the most classic games of them all the board game Scrabble? Would you be interested in meeting with other members who enjoy the challenging word game of Scrabble. Leslie Campbell is ready to organize this new activity. We will leave a sign-up sheet in each of the halls for those interested. Be ready to accept the challenge! 😊

## Committees

Board committees have been set up and we encourage your participation on the committees. The names of the chairs and co-chairs are listed below. Their contact phone number is above. Please contact them to learn more about their committee's mandate and hopefully participate.

a. Finance: Dot, Carol, George and Don

b. Activities: Co-Chair George and Don

c. Memberships: Dot

d. Special events: Carol, Elisa

e. Maintenance: Co-Chair George and Don

f. Security: Co-Chair George and Don

g. Fund development: Elisa

h. Communications: Dot

i. Frozen Meals program: Carol

j. Rentals: Don

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Thank you to **Ron Ostensen** of REMAX for choosing the Senior's Centre as their charity of choice for the \$100 donation as winners of the Lawn Bowling Tournament.

Thank you to **Save-on-Foods** for their donation of desserts for our senior's luncheon.



Thank you to the **Kitchen Angels** who come out and help with the frozen meals as well as monthly luncheons and dinners Darlene Norris, Rhoda Oakes, Lesley Devers, Shirley Goodburn, Nancy Desilets, Julie Steen, John Harris, Sharon Grant, Brian Oaks, Max Ponni, Wayne Hanson, Debbie Dunn, Anne Harrison, Dot Davies, Roxanne and Kim Sargeant.

A special thank you to **Sheldon Harwood-Lynn** for volunteering his time to clean up after all the frozen meal preparation and washing the dishes, pots and pans.

As we head back into THANK YOU to all of our **Activity Chairs / Leaders** who give generously of their time coordinating the very enjoyable activities from musical, cards, exercise, dance and the creation of beautiful knitting, quilting and weaving arts.

## Seniors' Activities and Chairs

### **Monday**

*Ukulele*

Time: 10:00 – 11:30

Chair: Nancy (604) 849-5777

*Cards*

Time: 7 pm to 9 pm

Chair: John (604) 223-5342

### **Tuesday**

*Tai Chi*

Time: 10 am to Noon

Chair: Cliff (604) 485-6924

*Viva Voce Choir*

Time: 10:00 - Noon

### **Wednesday**

*Carpet Bowling*

Time: 1 pm to 3 pm

Chair: Linda (604) 578-1944

*Euchre*

Time: 7pm

Chair: Sybille (604) 414-7468

### **Thursday**

*Elly Quilters*

Time: 9 am to 4 pm

Chair: Alice (604) 483-6150

*Fibre Arts Auxiliary*

Time: 9 am to 3:00 pm

Chair: Jessie (604) 414-7651

*Thursday Quilters*

Time: 9:30 am to 3 pm

Chair: Donna (604) 485-2393

*Dance | Light Exercise*

Time: 6 pm to 7:30 pm

Chair: Vlatka (604) 223-7756

# SEPTEMBER NEWSLETTER

GET YOUR TICKETS!

SUPPORT THE CRANBERRY SENIORS CENTRE!



A generous individual donated a SHOPRIDER Mobility Scooter to the Senior Citizens Assoc. #49 to be raffled off. Its approximate value is \$4,000. Tickets are being sold for \$10. Several Board/members have booklets of tickets, so in case you happen to know Bill Davies, John Harris, George Davidson or Debbie Dunn, you can approach them for your ticket to win. Also, we will be out at various venues throughout the summer selling tickets or you could stop by the office Monday through Friday between 10:00 am to 2:00 pm. The draw date is September 28, 2024, at 1 pm at Cranberry Seniors Centre BC Gaming License # 152520

## Words of Wisdom

'It's not what you look at that matters, it's what you see.'  
Henry David Thoreau

"We are not what we know but what we are willing to learn"

"Never break your promises. Keep every promise it makes you credible."

## To Make You Smile



- ✚ Be yourself, everyone else is already taken.
- ✚ Do more things that make you smile.
- ✚ Love more. Worry less.
- ✚ Dreaming, after all, is a form of planning - ...

## Seniors' Activities and Chairs Cont'd

### ***Friday***

#### *Bridge*

Time: 1 pm to 4 pm

Chair: Brian (604) 485-6640

#### *Crib*

Time: 1pm

Chair: Linda (604) 578-1944

## Other Available Activities (not official Seniors' Centre Activities)

### ***Friday***

#### *Seniors In Training (S.I.T.)*

Time: 10:00-12:00

Hall rented by: Cliff Cheung  
604-485-6924

Fee is paid directly to Cliff.