

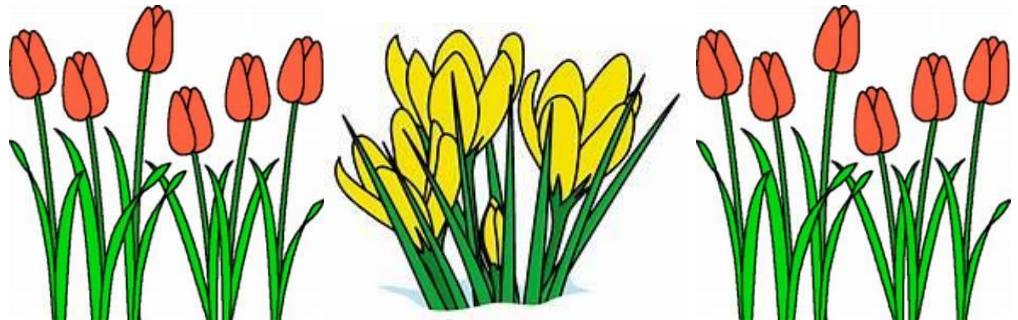


E- SENIOR CITIZENS ASSOCIATION NEWSLETTER

6792 Cranberry St., Powell River, B.C. V8A 3Z4 Phone (604) 414-9456
prseniors49@shaw.ca www.powellriverseniors.ca

MARCH 2, 2020

**SENIORS HELPING
SENIORS**



**Promoting
physical, mental
and social
stimulation**

FROZEN DINNERS



We are so fortunate to have Gene who has taken on the task of providing seniors in the Powell River District with nutritional frozen meals at a nominal cost. Please spread the word to your friends and contact Gene for orders. 604 485-5894. Full menu may be seen on the seniors website at www.powellriverseniors.ca



MITCHELL BROTHERS

10 % Seniors (60+) discount every Wednesday
604 483-4011 for more information



The Original Cane Butler Holds Canes On Horizontal and Vertical Surfaces.
\$20.00 This portable cane holder solves the problems cane users have parking their canes in public places, workplaces and homes. Available from the office.



Our 50/50 main fundraiser has begun. Tickets may be purchased at QF on Tuesdays and Fridays. Save-on on Mondays, and the Mall in front of Walmart on Wednesdays.

Tickets may also be purchased from any Director.

Contact: Marlene-483-2271

NEW ACTIVITY

LATIN DANCE



Every Thursday starting March 5, 7-8:30

Members: \$1.00

Non-members \$3.00

**Senior Citizens
Association of BC
Branch #49**

**6792 Cranberry
Street**

Powell River, BC

V8A 3Z4

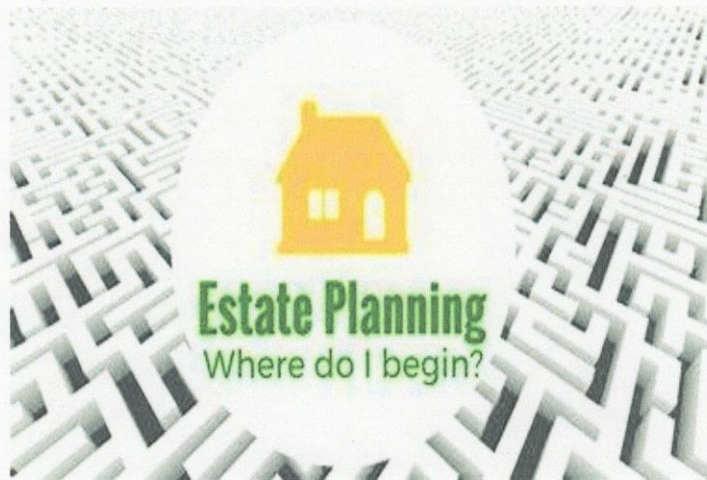
(604) 414-9456

E-mail:

prseniors49@shaw.ca

Website:

[www.powellriver
seniors.ca](http://www.powellriver
seniors.ca)



Presented by Ben Chiasson from
Edward Jones, PR

TUESDAY MARCH 17, 2020 at 1:00pm

Cranberry Seniors' Centre-main hall

6792 Cranberry Street

*RSVP by March 15 or sooner. Anna Maria Coletto at 604
485-5738 or anna_bella@shaw.ca*

PORK LOIN DINNER



SENIOR CITIZENS ASSOCIATION OF BC #49

6792 Cranberry Street Powell River BC

Phone: 604 414-9456

Email: prseniors49@shaw.ca

Website: powellriverseniors.ca



March 27 Dinner 5:30-8:00 p.m.

Tickets:

Ruby @ 604 485-6223 or

Sweet Shoppe in the Mall @ 604 485-7663

Members: \$10 & Non -Members: \$20

Menu

Pork Loin-Mashed Potatoes-Vegetable-Dessert-Coffee/tea

Cash bar



March 5: Latin Dance 7-8:30pm

March 10-Lunch+ general meeting. Speaker: Jodi McKenzie
"Better at Home"

March 17-Estate Planning Seminar-main hall



March 27