

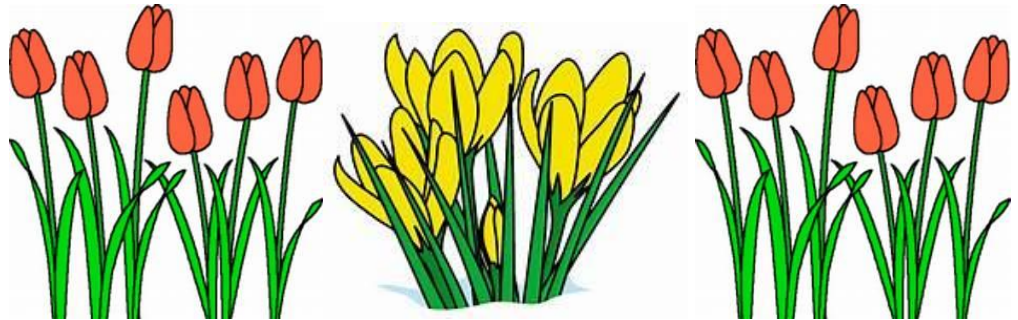


E- SENIOR CITIZENS ASSOCIATION NEWSLETTER

6792 Cranberry St., Powell River, B.C. V8A 3Z4 Phone (604) 414-9456
prseniors49@shaw.ca www.powellriverseniors.ca

MARCH 7, 2019

**SENIORS HELPING
SENIORS**



**Promoting
physical, mental
and social
stimulation**

FROZEN DINNERS



We are so fortunate to have Gene who has taken on the task of providing seniors in the Powell River District with nutritional frozen meals at a nominal cost. Please spread the word to your friends and contact Gene for orders. 604 485-5894. Full menu may be seen on the seniors website at www.powellriverseniors.ca



MITCHELL BROTHERS

10 % Seniors (60+) discount every Wednesday
604 483-4011 for more information



The Original Cane Butler Holds Canes On Horizontal and Vertical Surfaces. **\$20.00** This portable cane holder solves the problems cane users have parking their canes in public places, workplaces and homes. Available from the office.



Garage Sale

New and Used Items

MARCH 23, 2019

CRANBERRY SENIORS' CENTRE

6792 Cranberry Street

10:00 a.m.-2:00 p.m.

Call 604 485-5738 for table rentals

Cranberry Seniors are sponsoring this event. All activities wanting to participate will be entitled to a table free of charge with the proceeds going to the centre. Please let us know if you will be participating.

If you are wanting a table for personal use then a \$10.00 rental fee applies. Contact Anna Maria at anna_bella@shaw.ca or 604 485-5738

Volunteers are needed to man the senior's tables. Call or e-mail Anna Maria.



More volunteers needed to fill spots on Wednesday at Canadian Tire: 10-12, 12-2 and 2-4 to sell raffle tickets with the lucky winner possibly going home with \$7500.00

Contact: Marlene-483-2271 or Rhondda-483-1948

**EASTER BAZAAR
APRIL 20
10-2PM**

HELPERS WANTED FOR:



Bake Sale Table-



White Elephant-



Book table-



Tea Room-

PLEASE CONTACT ANNA MARIA: 485-5738



EASTER BAZAAR

APRIL 20, 2019 10:00 am-2:00 pm

**CRAFTS-BAKED GOODS-GIFTS-
WHITE ELEPHANT-BOOKS-TEA
ROOM**

Call 604 485-5738 for more information or if you would like to help out.



**Senior Citizens
Association of BC
Branch #49**

**6792 Cranberry
Street**

Powell River, BC

V8A 3Z4

(604) 414-9456

E-mail:

prseniors49@shaw.ca

Website:

[www.powellriver
seniors.ca](http://www.powellriver
seniors.ca)

SPRING DINNER



SENIOR CITIZENS ASSOCIATION OF BC #49

6792 Cranberry Street Powell River BC

Phone: 604 414-9456

Email: prseniors49@shaw.ca

Website: powellriverseniors.ca



March 29- Doors open 4.30 p.m. **Dinner 5:30-8:00 p.m.**

Tickets: Tickets:

Ruby @ 604 485-6223 or

Sweet Shoppe in the Mall @ 604 485-7663

Members: \$15 & Non Members: \$20

Menu

Pork Loin-Potatoes-Vegetables-Dessert-Coffee/tea

Cash bar



Soup 'n sandwich +General Meetings

March 12

September 10

April 9

October 8

May 14

November 12

June 11

December 10 AGM



March 29

April 26

May 31

September 27

October 25

November 29

December 13

March 23: Garage Sale-10-2pm Main Hall

April 20: Easter Bazaar 10-2pm Main and Small Hall

May 11: Mother's Day Tea