

SEPTEMBER 2024

SUN	MON	TUE	WED	THU	FRI	SAT
01	02	03	04	05	06	07
		Tai Chi 10-12 Viva Voce Choir 10:00 am - noon Board meeting 1:00	Carpet Bowling 1-3	Fibre Arts Auxiliary 9-3 Thurs Quilters 9:30-3 Dance 6 – 7:30 pm	S.I.T. 10-12 Bridge 1-4 Frozen Meals pickup 12-3	
08	09	10	11	12	13	14
	Ukulele 10:00 – 11:30 am Cards 7-9 Pick up for Frozen Meals 12-3 Kitchen in use 10 - 3	Tai Chi 10-12 Viva Voce Choir 10:00 am – noon Membership Meeting 1 -3 pm	Carpet Bowling 1-3	Fibre Arts Auxiliary 9-3 Thurs Quilters 9:30-3 Dance 6 – 7:30 pm	S.I.T. 10-12 Bridge 1-4 Frozen Meals pickup 12-3	
15	16	17	18	19	20	21
	Ukulele 10:00 – 11:30 am Cards 7-9 Pick up for Frozen Meals 12-3 Kitchen in use 10 - 3	Tai Chi 10-12 Viva Voce Choir 10:00 am – noon Seniors Together Luncheon 11 :30 – 1 :00 pm	Carpet Bowling 1-3	Fibre Arts Auxiliary 9-3 Thurs Quilters 9:30-3 Dance 6 – 7:30 pm	S.I.T. 10-12 Bridge 1-4 Frozen Meals pickup 12-3	
22	23	24	25	26	27	28
	Ukulele 10:00 – 11:30 am Cards 7-9 Pick up for Frozen Meals 12-3 Kitchen in use 10 - 3	Tai Chi 10-12 Viva Voce Choir 10:00 am - noon	Carpet Bowling 1-3 Euchre 7pm	Fibre Arts Auxiliary 9-3 Thurs Quilters 9:30-3 Dance 6 – 7:30 pm	S.I.T. 10-12 Bridge 1-4 Frozen Meals pickup 12-3 Monthly Dinner Door opens 4:30	Open House 1:00 – 5:00 pm Everyone Welcome Raffle Draw 1:00 pm
29	30					
	Ukulele 10:00 – 11:30 am Cards 7-9 Pick up for Frozen Meals 12-3 Kitchen in use 10 - 3					

Dance is done to Latin style music and is considered a very fun light exercise class

S.I.T. is short for Seniors in Training, an easy yet effective exercise class.

Cribbage will resume of Fridays beginning October 4, 2024 at 1:00 pm

Fibre Arts Auxilliary is a group of quilters, sewers, knitters and weavers who gather to create beautiful things available for purchase

Please refer to our newsletter which is on our website for Activity Coordinators contact #'s